



Sponsored by the MJC Division of Extended Education, designed for the mature adult who desires to seek learning for the joy of it

The MICLEtter

November 6, 2017

Fall 2017 – C

MICL TRIP: ANOTHER NIGHT BEFORE CHRISTMAS

DATE: December 9

TIME: TBD

COST: TBD

This play, at the Sierra Repertory Theatre in Sonora, is a musical that pits a cynic against “Mr. Claus”. Karol, a disillusioned social worker, is trudging home one cold December night when she encounters an old man sitting on a park bench. Mistaking him for homeless, Karol offers the stranger some food – a seemingly innocent gesture, until he turns up in her apartment claiming to be Santa Claus. Thanks to a malfunctioning security system, Karol finds herself trapped with “Mr. Claus” and forced to confront her feelings about Christmas once and for all in this touching musical battle between cynicism and belief.

This is a good way to start the Christmas Season. Watch for announcements in class about when sign-ups start and details about time and cost.



Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Early Morning					
Morning					
Afternoon					

MICLetter is the newsletter of the Modesto Institute for Continued Learning, Modesto Junior College, Modesto, California

EDITOR/PUBLISHER
Dan Brown



2017-2018

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Web Site: www.miclonline.org

Modesto Junior College
430 College Avenue
Modesto, CA 95350

WORDS FROM OUR PRESIDENT - Marjorie Reis



As the weather cools, the leaves begin to turn and the sunlight softens our thoughts inevitable turn to the approaching holidays. Those busy days ahead will be filled with all sorts of activities. I have to admit this is my favorite time of year. Yes, it can get a little hectic at times, with all the extra shopping, cooking, parties and preparations for the special holidays we celebrate this time of year. But that is overshadowed by far with the pleasure we all gain from getting together with our family and friends, sharing a meal and enjoying each other's company.

As we approach the beginning of our final session for this fall semester let's not forget that this time of year is also a time to be thankful. To be grateful for our families, for the freedom we take for granted in this country, for our friends, for our classmates and last but not least for MICAL. We are so fortunate to have such a wonderful and unique program. I am sure MICAL means different things to each of us. For me, MICAL is not only a source for me to continue learning in my retirement, but a place where I have made many new friends. Friends who I might never have had the opportunity to meet had it not been for MICAL. I hope in the days ahead each of you will take time from your busy schedules to think about what MICAL means to you. We are what makes MICAL work, so let's continue working together to make this wonderful program successful.

HAPPY HOLIDAYS!

VIST miclonline.org TO KEEP UP WITH WHAT'S HAPPENING AT MICAL

The screenshot shows the MICAL website with a blue header containing the logo and navigation links: Home, Calendar, Location, Videos, Galleries, Leadership, Contact Us. Below the header, there is a 'Welcome to MICAL!' section with a photo of a group of people in a classroom. To the right, an 'Upcoming Events' section lists: 'TRAVELS AROUND THE WORLD' on Sep 19 2016 (10:00am to 12:00pm), 'CLASSICAL MUSIC' on Sep 19 2016 (1:00pm to 3:00pm), and 'YOUNG AT HEART/QIGONG' on Sep 20 2016 (8:30am to 9:30am). A footer note states: 'MICAL is sponsored by the Modesto Junior College Division of Extended Education and is designed for the mature adult student who seeks to experience learning for the joy of it.'

**Note: No classes
Nov 10, 20-24**

SCHEDULE DETAILS: Fall 2017 – C

TRAVELS AROUND THE WORLD

MON 10 AM - 12 NOON

Robin Martin

Let yourself experience the travel delights and occasional frustrations of MICL members and guests.



Nov 06	SIEM REAP	<i>Susan Wiltse</i>
Nov 13	OUR TRAVELS IN OHIO	<i>Hugh Breton</i>
Nov 20	HOLIDAY: THANKSGIVING WEEK NO CLASS	
Nov 27	TRAVELS IN NORWAY & GERMANY	<i>Chuck & Marilyn Rowland</i>
Dec 04	AN ANTARCTICA, A DREAM ACCOMPLISHED	<i>Greg De Bre</i>
Dec 11	AN OVERLAND VIEW OF FINLAND, RUSSIA, BELARUS & THE BALTIC COUNTRIES	<i>Stan & Adele Little</i>

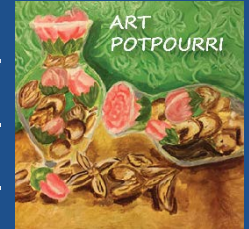
ART POTPOURRI

MON 1 PM - 3 PM

Marjorie Reis

Potpourri, an unusual or interesting mixture of things. (Webster's definition)

Nov 06	ART FOR ART'S SAKE	<i>Winona Campbell</i>
Nov 13	TRAVELS THROUGH ART	<i>Cyndy Davis</i>
Nov 20	HOLIDAY: THANKSGIVING WEEK NO CLASS	
Nov 27	ART MADE THE WORLD	<i>Cathleen Brew</i>
Dec 04	ART THERAPY FROM LUCKY SHOT TO AWARD WINNING PHOTOS	<i>Lila Bradshaw Suzanne Wilke</i>
Dec 11	IS QUILTING ART? QUILTING: TOOLS OF THE TRADE	<i>Marilee Heaston Lila Bradshaw</i>



YOUNG AT HEART/QIGONG

TUE & THU (WEEKS 1-5) 8:30 AM - 9:30 AM

Arline Wortner,

Lila Huff, Doc Wait, Leonard Olives, Jim McCabe, Rudy Serrato



A strength training program designed specifically for older adults followed by QiGong...

Nov 07, Nov 09	You may sit or stand, depending upon your physical ability. The program follows the guidelines of the Presidential Fitness Award. Participants with health problems should have their doctor's approval.
Nov 14, Nov 16	
Nov 21, Nov 23	
Nov 28, Nov 30	
Dec 05, Dec 07	
Dec 12	

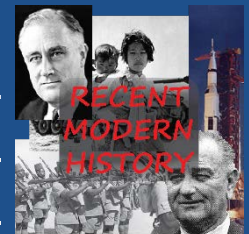
RECENT MODERN HISTORY

TUE 10 AM - 12 NOON

David Froba

By recent modern history, we mean history that most of us have lived through as current events that have now passed into history.

Nov 07	KOREAN WAR	<i>Gene Richards</i>
Nov 14	LYNDON JOHNSON	<i>Patrick Durr</i>
Nov 21	HOLIDAY: THANKSGIVING WEEK NO CLASS	
Nov 28	FDR'S FIRST 100 DAYS	<i>Hugh Breton</i>
Dec 05	THE SPACE PROGRAM	<i>Ron Rutschman</i>
Dec 12	THE CONGOLESE CIVIL WAR	<i>Dave Froba</i>



MENTAL HEALTH

TUE 1 PM - 3 PM

Rhonda Allen

Information about our local community services that relate to mental health.



Nov 07	ALZHEIMERS/DEMENTIA	<i>Cheryl Lourenco & Bob Hopper</i>
Nov 14	MENTAL HEALTH FIRST AID	<i>Jennifer Baker</i>
Nov 21	HOLIDAY: THANKSGIVING WEEK NO CLASS	
Nov 28	DEALING WITH DEPRESSION AND GRIEF	<i>Mickey Peabody & Sue Garcia</i>
Dec 05	CRISIS INTERVENTION TRAINING	TBA
Dec 12	DOTORS' BEHAVIORAL HEALTH SERVICES	TBA

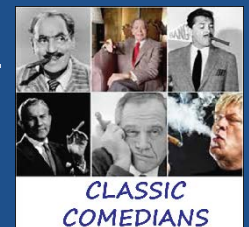
CLASSIC COMEDIANS

WED 10 AM - 12 NOON

Gary Moore

Who likes to laugh (comedians call that low hanging fruit)?...

Nov 08	We all do. In fact, I would bet for most of us it is one of the things we like to do best. Milton Berle was known to say, "Laughter is an instant vacation", and who doesn't need a vacation? Charlie Chaplin said, "A day without laughter is a day wasted", and at my age I can't waste any of them.
Nov 15	
Nov 22	
Nov 29	
Dec 06	
Dec 13	



WRITING IT DOWN! - WRITERS WORKSHOP WED 1 PM - 3 PM

Mildred Starr



Share your writing and listen to those of others improving your skills...

Nov 08	We welcome new faces. Their new voices share stories untold; dreams that would be lost forever; memories that would disappear into the sands of time. Join us to write, to read, or to just listen. We are eager to hear your truth, fiction and poetry. Your words and thoughts will be treated with care.
Nov 15	
Nov 22	
Nov 29	
Dec 06	
Dec 13	

WHAT IN THE WORLD

THU 10 AM - 12 NOON

Mary Correro

Have you ever watched TV or read a newspaper and wanted to discuss or react to what you read?..

Nov 09	This is the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five-week session.
Nov 16	
Nov 23	
Nov 30	
Dec 07	
Dec 14	



BEGINNER'S BRIDGE

THU(WEEKS 1-5) 1 PM - 3 PM

Gene Richards & Ron Rutschman



Bridge is a social game. It is stimulating, motivating, exciting, and fascinating...

Nov 09	We specialize in taking the absolute beginner and introducing them to a new world of fun. No experience necessary. If you know or would like to learn to play please join us.
Nov 16	
Nov 23	
Nov 30	
Dec 07	

BOOK CLUB

THU(WEEK 6) 1 PM - 3 PM

Carolyn Sullivan

Meets to discuss the book selection for the session. The books are chosen by the participants, alternating between fiction and non-fiction.

[IMAGE 4(5),3]

Dec 14	THIS FIGHT IS OUR FIGHT - THE BATTLE TO SAVE AMERICA'S MIDDLE CLASS by Elizabeth Warren (Non-fiction) Discussion Leader: JoAnn Midboe
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FRIDAY AT THE MOVIES

FRI 10 AM - 12 NOON

Susan Wiltse & Betty Boj-Sode



Watch a selection of classic, foreign and interesting films with your fellow MICLites.

Nov 10	HOLIDAY: VETERANS DAY NO CLASS ()			
Nov 17	HUSTLER (1961)	English	b&w	134m.
Nov 24	HOLIDAY: THANKSGIVING WEEK NO CLASS			
Dec 01	ROOM WITH A VIEW (1985)	English	color	117m.
Dec 08	YELLOW EARTH (1984)	Mandarin/subtitled	color	89m.
Dec 15	THE LAST EMPEROR (1987)	English	color	163m.

EVENT SCHEDULE

November - 2017			
Session C starts	Nov 06		
Board Mtg.	Nov 08	3:15 PM	Classroom
Holiday	Nov 10		no classes
Birthday Luncheon	Nov 17	1:00 PM	Mimi's Restaurant
Holiday	Nov 20		no classes
Holiday	Nov 21		no classes
Holiday	Nov 22		no classes
Holiday	Nov 23		no classes
Holiday	Nov 24		no classes
December - 2017			
Curriculum Mtg.	Dec 06	3:15 PM	Classroom
Trip	Dec 09	8:00 AM	Classroom
Board Mtg.	Dec 13	10:00 AM	Classroom
Potluck Luncheon	Dec 14	11:30 AM	Multi-purpose room
Book Club	Dec 14	1:00 PM	Classroom
Birthday Luncheon	Dec 15	1:00 PM	Mimi's Restaurant
Session C ends	Dec 15		